

Thought for the Month

March 2020

Give Something up or Start Something New?

During Lent, many of us take the opportunity to give up something we have a history of being tempted by. For example, biscuits and cake, which probably tells you all you need to know about me!

A recent trend has been to take up something new, whichever route you may take, I would like to suggest that we all take this chance to think a little differently and widen our view.

We live in a world that has many problems, as I write, we all anxiously wait to see how we will cope with the Coronavirus threat. As individuals, we may be able to do little other than follow the advice given us and remain calm and vigilant. However, there are many issues in which we can, even as individuals, play a major role.

When we think of Climate Change, we can all look to do something to reduce our own contribution to Co2 emissions; this may be giving something up or doing something new.

If we think of a more local issue, all cities and towns have problems with homelessness and have local charities which work with them. Gloucester City Mission are one such group who rely on donations of time and money. This is a way to do something new, not just for Lent, but long term.

There are many ways in which we can all help to change our world by giving something up or doing something new. What we all need to do is think a little differently and widen our outlook.

So this Lent, why not think a little differently and help to change the world?

Alan