

# Thought for the Month

March 2021

**The Lord is the strength of my life; of whom then shall I be afraid? Psalm 27 v1**

We start this month looking forward with cautious hope, that perhaps we are starting to overcome the darkness and destruction of the Covid pandemic. For this to be realised we can all contribute through our daily pattern of life. Circumspection and respect for others are two underpinning values that will help take us all safely towards regaining freedom of interaction with each other.

On 14 March we celebrate Mothering Sunday, a day when many people remember and give thanks for nurturing relationships. Cards and flowers are given, families gather to share a meal, love and generosity abound. This year options for celebrating are limited by Government constraints on movement and mixing with others. Nevertheless we can and must celebrate the importance of loving relationships. We can give thanks that many people, including nurses, doctors, carers are so selflessly giving their time and gifts to serve others, battling against the darkness and destruction of the virus.

This year March ends during Holy Week, just before Good Friday, when the followers of Jesus entered a time of darkness and despair as Jesus was arrested. It seemed that all their hopes had been shattered. They did not know that new hope awaited them. I pray that we can be strengthened by hope and faith as we struggle against the darkness that surrounds us.

*Gwyneth*